

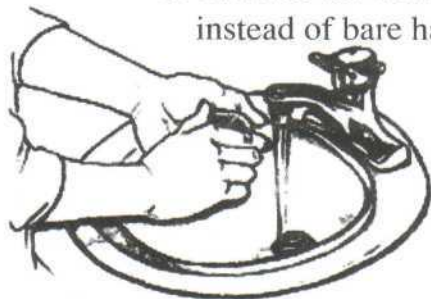
The

**STOP
DISEASE**

Method of

HANDWASHING

1. Use SOAP and WARM RUNNING WATER
2. RUB your hands vigorously
3. WASH ALL SURFACES, including:
 - Backs of hands
 - Wrists
 - Between fingers
 - Under fingernails
4. RINSE well
5. DRY hands with a paper towel
6. Turn off the water using a PAPER TOWEL instead of bare hands



MISSOURI DEPARTMENT OF
HEALTH AND SENIOR SERVICES

An EQUAL OPPORTUNITY/AFFIRMATIVE ACTION
EMPLOYER services provided on a nondiscriminatory basis